



SELO "CLEAN & SAFE"

MyStay Matosinhos



OUR EMPLOYEES



ALL EMPLOYEES RECEIVED SPECIFIC TRAINING ON:

- 1. Internal protocol for the COVID-19 coronavirus outbreak;
- **2.** How to comply with the basic precautions for prevention and infection control in relation to the COVID-19 coronavirus outbreak;
- **3.** How to comply with daily self-monitoring to assess fever (measure body temperature and record the measurement value and time), check for cough or difficulty breathing;
- **4.** How to comply with the guidelines of the General Health Directorate for cleaning surfaces and treating clothes in establishments.



■ INFORMATION TO ALL CUSTOMERS



1. You can consult our contingency plan at reception or at www.mystay.pt/clean-safe.



ESTABLISHMENT ENSURES



- 1. Washing and disinfection, according to the internal protocol;
- 2. Cleaning, surfaces and objects frequently used in common areas, several times a day;
- **3.** Wet cleaning is preferred over dry cleaning and using a vacuum cleaner.



THE ESTABLISHMENT HAS



- 1. Personal protective equipment for all workers;
- 2. Personal protective equipment available to customers;
- 3. Dispensers of alcohol-based antiseptic solution or alcohol-based solution;
- 4. Place to isolate people who can be detected as suspected or confirmed cases of COVID-19;
- 5. In common sanitary facilities, equipment for washing hands with liquid soap and paper towels.



THE CLEANING AND HYGIENE PROTOCOL GUARANTEES

- $\textbf{1.} \ \textbf{The definition of specific care for changing bedding and cleaning in accommodation units;} \\$
- **2.** Washing in different machines and at high temperatures, the employees' uniforms and bed linen/towels (around 60°C).



